

CITB - Construction Industry Training Board (CSkills Site Safety Plus) - CITB - HSA - Health and Safety Awareness Course

Course Information

This one day course highlights potential hazards when working on site and provides practical advice on keeping yourself and your colleagues safe. It covers your individual and employer's responsibilities, including what you can do if you think anyone's health and safety is being put at risk. All courses are open courses. This Health and Safety awareness course is also a requirement under the CSCS site card scheme.



Who needs this qualification

This course is for those who have entered, or are about to enter, the construction and civil engineering industry as a member of the workforce, to help them understand the potential hazards that they face at work on site.

[Applying for CSCS Cards](#)

Course Content

- the need to prevent accidents
- health and safety law
- how your role fits into the control and management of the site
- risk assessments and method statements
- performing safely and asking for advice
- how to report unsafe acts to prevent an accident

Why is this training important

Of all the industries in the United Kingdom, the construction industry is the largest. There can also be a great deal of danger involved in the construction industry, if proper rules and regulations are not followed, so there is a need for employees to be trained in health and safety.